



How to Use a Sewing Machine – One-Page Beginner’s Checklist

Download Your Checklist!

This one-page guide walks you through the basics of using a sewing machine safely and confidently.

1. Setup Machine

- Place machine on stable surface
- Plug in power & foot pedal
- Raise presser foot & needle

2. Threading

- Wind bobbin
- Thread upper path correctly
- Pull bobbin thread up through plate

3. Select Stitch & Settings

- Select straight stitch
- Set stitch length ~2-3mm
- Adjust tension if needed

4. Practice on Scrap Fabric

- Use cotton scrap
- Practice straight & curved lines
- Backstitch at start & end

5. Control Speed & Foot Pedal

- Start slow for control
- Steady pedal pressure
- Practice smooth feeding

6. Guide Fabric Properly

- Guide fabric gently
- Maintain seam allowance
- Remove pins while sewing

7. Finishing

- Raise needle & presser foot
- Cut threads with tail
- Press seams flat

8. Trouble-Shooting Basics

- Recheck threading
- Replace bent needle
- Clean lint from bobbin area

Why This Checklist Matters:

Avoid beginner mistakes, build strong habits, and feel confident every time you sew.